

Feel the strength that  
comes from being pushed.  
And pushing yourself.

**Find your strength.**



# Spaulding Adaptive Sports Programs

## NORTH SHORE SUMMER SCHEDULE 2011

### CYCLING AND TENNIS

**ADAPTIVE CYCLING AND TENNIS CLINIC**  
Spaulding Hospital North Shore  
1 Dove Ave, Salem, MA

**Friday, July 15**

Session A: 10:00 am to 12:00 pm  
Session B: 12:00 pm to 2:00 pm

**Friday, July 22**

Session A: 10:00 am to 12:00 pm  
Session B: 12:00 pm to 2:00 pm

**Friday, July 29**

Session A: 10:00 am to 12:00 pm  
Session B: 12:00 pm to 2:00 pm

### KAYAKING *(One session per date)*

**ADAPTIVE KAYAKING CLINICS**  
Forest River Park  
32 Clifton Ave, Salem, MA

**Friday, August 12**

Session A: 10:00 am to 12:30 pm  
Session B: 12:30 pm to 3:00 pm

**Friday, August 19**

Session A: 10:00 am to 12:30 pm  
Session B: 12:30 pm to 3:00 pm

**Friday, August 26**

Session A: 10:00 am to 12:30 pm  
Session B: 12:30 pm to 3:00 pm

### WATERSKIING *(One session per date)*

**ADAPTIVE WATERSKIING**  
Lake Attitash, Merrimac, MA  
Tuesdays, 5:00 pm to dark

June 21    July 19    August 16  
July 12    August 9

**\$20 per session or 3 sessions for \$50 (no fee for waterskiing). For more information call 617.573.7104 or email: [bsdelaney@partners.org](mailto:bsdelaney@partners.org)**

**To register please call 978.825.8700**

In collaboration with



[spauldingrehab.org](http://spauldingrehab.org)